

Movn

is an evidence-based
virtual cardiac rehab service
that patients can receive from
the comfort of their homes

With Movn you can



Provide rehab to four times as many patients with a convenient & accessible program



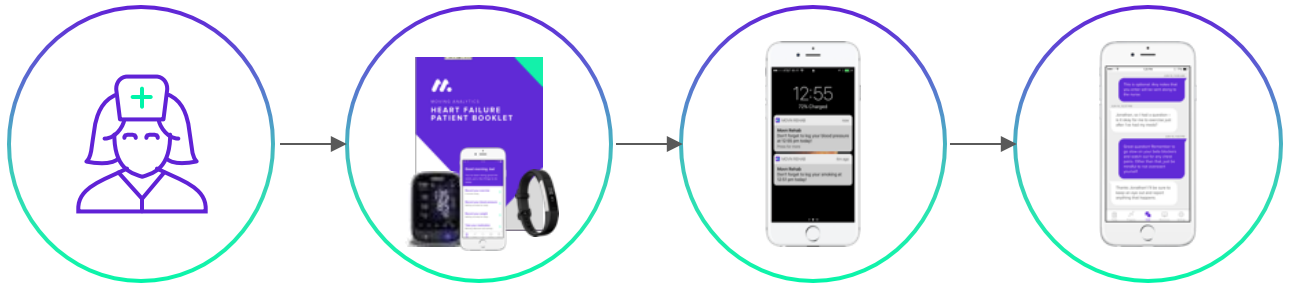
Save costs by implementing a lower cost method of cardiac rehab & reducing readmissions



Improve HEDIS and STAR ratings including patient outcomes, quality of life and patient satisfaction

MOVN IS A SEAMLESS EXPERIENCE FOR PATIENTS

MOVN combines evidence-based guidelines, behavior science, remote monitoring and health coaching to engage patients to adopt healthy lifestyles and improve their wellbeing.



Patient interacts with a remote care manager who creates a personalized treatment plan

Patient is given a welcome kit with mobile app, connected devices & workbook

Patient uses app to follow curriculum, monitor vitals, report symptoms and chat with care manager

Patient receives weekly coaching sessions to receive education, reinforce progress and troubleshoot challenges

MOVN IS BASED ON RIGOROUS SCIENTIFIC EVIDENCE

MOVN was developed in collaboration with Stanford Medicine and is based on 20+ years of research on 70,000+ patients and across 6 randomized clinical trials. MOVN satisfies Medicare and AACVPR guidelines for cardiac rehab.

60%

Patient participation rate

80%

Program graduation rate

85%

Medication adherence

85%

Blood pressure under control

20%

Increase in functional capacity

MOVN IS ACTIVELY USED IN SEVERAL LOCATIONS INCLUDING



CONTACT US TODAY TO LEARN HOW YOU CAN IMPLEMENT MOVN

213-393-3370

info@movinganalytics.com